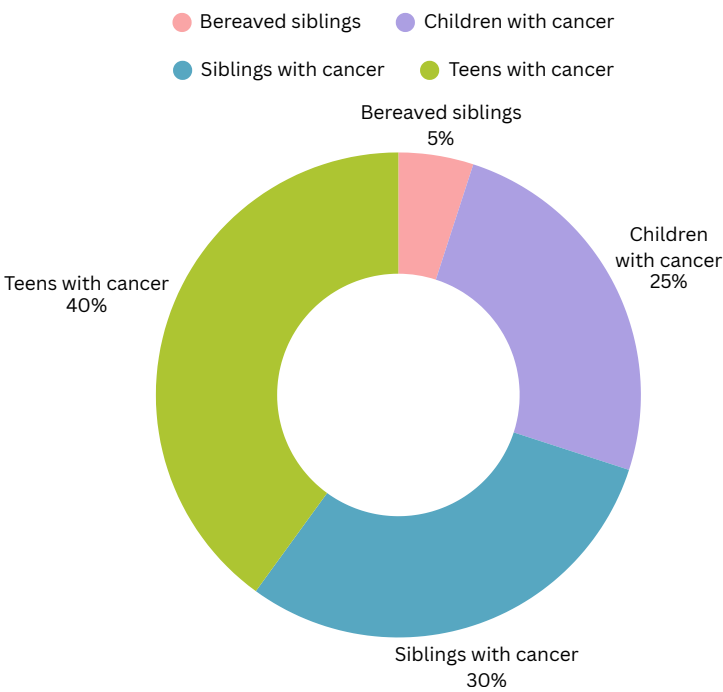


Young Heroes Cancer Care

Children's Activities

OVERVIEW

Young Heroes Cancer Care is a dedicated support programme by Ain Society that offers emotional, educational, and social care for children affected by cancer—either as patients themselves or as young caregivers to a family member living with cancer. Our activities aim to uplift, empower, and give these children the tools they need to cope, grow, and find joy amid their challenges.



Who Can Join?

- Children and teens who:
- Are undergoing cancer treatment
- Are in remission or recovery
- Have a parent, sibling, or close relative with cancer

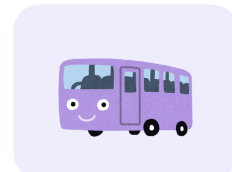
IMPACT



24 BAKING SESSIONS YEARLY



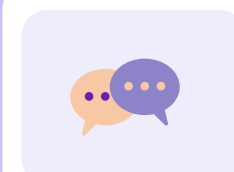
52 PIANO CLASSES YEARLY



4 OUTINGS PER YEAR



225 CHILDREN PER YEAR



12 ENGAGEMENTS WITH COMMUNITY PARTNERS YEARLY

Key Objectives



- ✿ Provide emotional support through play, art, and storytelling
- ✿ Build resilience, self-esteem, and coping skills
- ✿ Offer a safe, nurturing space for expression and peer connection
- ✿ Create positive memories through shared experiences

Creative Therapy Sessions

- Art & craft workshops
- Clay modelling and painting
- Journaling and guided storytelling

Excursions & Celebration Days

- Field trips to museums, parks, and community farms
- Birthday celebrations, festive events (Hari Raya, Children's Day)

Types of Activities



Music & Movement

- Music expression and rhythm play

Peer Support Circles

- Group sharing sessions facilitated by trained counsellors for caregivers
- Topics include dealing with fear, grief, and hope

Support for Parents & Caregivers

While children are in sessions, we also offer parallel support for caregivers:

- Emotional counselling
- Parenting talks
- Bonding activities for families

Most activities take place at:

**AIN SOCIETY
YOUNG HEROES CANCER CARE**
Blk 2 Eunos Crescent, #01-2545, Singapore 400002
(Selected events may also be held at partner venues or online)
Our center can sit 50 pax comfortably